



It's your body. Run it well.™

Key Facts

Our Products

Multivitamins & Minerals for Men, Women, Women 50+ and Pre & Postnatal customers

Single Vitamins or Minerals

Multi-ingredient, Supplements and Solutions for Common Sense Wellness

Low calorie, Berry and Fruit Smoothie Mix

Freeze dried fruit snacks

Yes, you can do vitamins, minerals, supplements, smoothies, and fruit snacks organically.

All Nova Scotia Organics products are USDA Certified Organic and FDA compliant.

FOUR MULTIVITAMIN & MINERALS FORMULAS

1. Men's Multivitamins & Minerals (caplets)
2. Pre and Post Natal Multivitamins & Minerals (caplets)
3. Women's 50+ Multivitamin & Minerals (caplets)
4. Women's Multivitamins & Minerals (caplets)

LETTER VITAMINS AND MINERALS

5. Calcium & Vitamin D₃: Made with organic eggshell
6. Children's Chewable Vitamin C (chewable tablets)
7. Vitamin B Complex: Made with Guava, Lemon and Holy Basil extracts (caplets)
8. Vitamin C: Made with Acerola Berries (caplets)
9. Vitamin D₃ (tablets)

MULTI-INGREDIENT SUPPLEMENT SOLUTIONS

10. Age Defense Formula: Supports a healthy aging process with Astragalus root, Panax Ginseng root & Reishi Mushroom extract (caplets)
11. Be Happy.: For occasional anxiety and sadness, with Passionflower Herb & Chamomile Flower (caplets)
12. Blood Pressure Management Formula: Plant based formula to support healthy blood pressure (caplets)
13. Bone & Joint Support Formula: For gentle, plant based support of Osteoarthritis (caplets)
14. Bone Builder Formula: Promotes healthy bones (caplets)
15. Cholesterol Support Formula (caplets)
16. Cool Performance Formula: made with White Willow Bark, Holy Basil leaf, Turmeric root and more (caplets)
17. Daily Calm & Relax Formula: A gentle approach to occasional, mild stress (caplets)
18. Energy & Stamina for Men's Formula: Made with Saw Palmetto, Maca Root and Horny Goat Weed Extract (caplets)

What's In: Ingredients from fruits, grains, grasses, vegetables, seeds, algae, fungi, herbs, other plants and eggshells

What's Out: Hormones, antibiotics, steroids, chemical or waste product fertilizers, herbicides, fungicides, pesticides, magnesium stearates, fillers, irradiation, or genetically modified organisms (GMOs)

19. Finally, Sleep!: Gentle, plant based approach to support healthy sleep (caplets)
20. Greens Superfood Formula: Extracts of 36 Fruits, vegetables and Herbs (loose, ready to mix powder)
21. Healthy Hair, Skin & Nails Formula (caplets)
22. Healthy Heart Formula: Plant based support for healthy heart muscle and function (caplets)
23. Immune Support System Formula: Made with Astragalus Root, Eleuthero Root & Reishi Mushroom Extract (caplets)
24. Pre & Pro-Biotics Chewables: Supports healthy digestive and immune systems (chewable tablets)
25. Pre & Pro-Biotics Formula: Supports healthy digestive and immune systems (loose, ready to mix powder)
26. Winter's Friend: Acerola Berry, Echinacea and Zinc to support normal respiratory function (caplets)
27. Women's Mena & Meno Balance Formula: Plant-based menstrual and menopausal support (caplets)

BERRY AND FRUIT SNACK PRODUCTS

28. BerrySlim Smoothie Mix: 120 Calories per serving, a common sense way to maintain a healthy weight when combined with a healthy diet and exercise plan, nourishes with Teff Grain and Chia Seed, Vitamin C and loads of fruit fiber (loose, ready to mix powder)
29. & 30. Organic Freeze Dried Gala Apple Slices (2 sizes: 16g Snacker Packs and 42 g Family Snackers)
31. & 32. Organic Freeze Dried Little Wild Blueberries (2 sizes: 20g Snacker Packs and 46g Family Snackers)
33. & 34. Organic Freeze Dried Pineapple Chunks (2 sizes: 20g Snacker Packs and 50g Family Snackers)

1-1-2015

MEDIA CONTACT

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